

Safety Update

Ohio BWC Library

Prescription Drug Abuse

The office of National Drug Control Policy reports drug abuse deaths are second only to motor vehicle fatalities in the U.S. This website has information on the issues and statistics, what you can do to help and resources for more information including a video from the Centers for Disease Control and Prevention.



NIOSH News

Best Practices: Engineering Controls, Work Practices, and Exposure Monitoring for Occupational Exposures to Diacetyl and 2,3-Pentanedione

The National Institute for Occupational Safety and Health (NIOSH) released a [report](#) outlining engineering controls for exposure to flavorings used in food manufacturing facilities. The document contains information to reduce exposures to chemicals such as diacetyl.

New NIOSH Newsletter

[NIOSH Research Rounds](#) is a monthly bulletin of selected research conducted at NIOSH. The first issue reports on research to reduce hand-arm vibration syndrome caused by using vibrating power tools. Four other articles are included and cover biomarkers of silicosis, exposure levels to cleaning products, truck driver safety and the NIOSH ladder safety app.

Take Home Lead Can Expose Family Members

A [Morbidity and Mortality Weekly report](#) on an Ohio e-scrap facility found that workers at the facility unknowingly take home contaminants from the workplace. Eight of 12 employees tested positive for lead on their hands. NIOSH recommended that the employer reduce worker exposure and provide facilities for employees to wash and change clothes before going home.

NIOSH Construction Twitter Feed

The most popular NIOSH Twitter feed is for construction. If you are looking for up to date information on construction safety and health research follow [@NIOSHConstruct](#) to receive real-time information.

NIOSH Total Worker Health

The [Total Worker Health newsletter](#) for July has an article on sitting and health along with many other resources for your healthy workplace initiatives.

Working in the Heat Video

Watch the Occupational Safety & Health Administration's (OSHA) new short video on heat stress in [English](#) and/or [Spanish](#). Workers can stay safe and healthy by remembering three simple words: Water, rest and shade.

Temporary Confined Space Enforcement Policy

OSHA is postponing full enforcement of the confined spaces in construction standard for 60-days starting Aug. 3, 2015. The agency will not issue citations to employers demonstrating good faith efforts to comply with the current or previous standard during that period. OSHA will cite employers failing to train workers in either version.

OSHA Fatal Facts

A new [Fatal Facts report](#) on asphyxiation in sewer lines describes an incident where a worker was killed after entering a manhole of an inactive sewer system. The report describes the incident and provides information on causes and prevention of this type of incident.

Other News

Construction Solutions

Are you looking for information on hazards in the construction industry? [Construction Solutions](#) from the Center for Construction Research and Training can help. Construction Solutions is a database of work hazards and practical control measures to reduce or eliminate hazards.

FDA Video on Sun Protection

During these hot summer days, you need to think about the exposure your skin gets from the sun while working outdoors. Learn about SPF, UVA, UVB and all of the other confusing acronyms associated with sun protection from [this video](#) created by the U.S. Food and Drug Administration.

Assess Your Cell Phone Policy

National Safety Council has created a [free, three-step online tool](#) to help employers evaluate their cell phone policy and compare it to best practices. Make sure your cell phone policy has the best information to keep your workers safe.

Infographic of the Month!

Do you know the symptoms of heat exhaustion? How about heat stroke? This [infographic](#) from SacramentoReady.org shows how to tell these heat-related illnesses apart and what actions to take to assist a victim.

One Trillion Miles!!

If you think traffic is getting worse, you might be right. This [press release](#) from the U.S. Department of Transportation reports we drove 1.26 trillion miles from January to May 2015, setting a new record. The press release contains links to the seasonally adjusted data and a report on future traffic trends. This is just one more reason to put down your phone and focus on the road ahead.

Guidance for Conducting Effective Work Zone Process Reviews

The [document](#) includes tips for success in work zone process reviews and effective use of data and performance measures in process reviews. It also contains insight for connecting process reviews with other work zone safety and mobility improvement efforts. Geared toward state highway administrations, the document provides information for continuous improvement for any roadway work.

Eat Your Fruits and Veggies!

Eating more fruits and vegetables adds nutrients to diets, reduces the risk for heart disease, stroke and some cancers, and helps manage body weight when consumed in place of more energy-dense foods. Find these findings and more in this [Morbidity and Mortality Weekly Report](#).

Sitting versus Standing!

An [infographic](#) from Workriteergo.com outlines the differences from sitting and standing, and gives good reasons to stand up!

Safety of a Different Kind

Do you use Twitter? If so, this new [Safety Center](#) will help you with digital safety on Twitter. It has information for teens, families and educators, and provides general information that can help you with digital safety elsewhere.

Lyme Disease Information

MedlinePlus from the U.S. National Library of Medicine has [information on how to avoid Lyme Disease](#) and what to do if you think you might have been exposed. Stay safe if you work in the woods!

Disaster Planning for People with Disabilities

Ready.gov provides information on how to create an emergency plan that meets the needs of individuals with disabilities and special access needs.

Fall Protection App

Honeywell created a [free fall clearance app](#) for computers, Apple and Android devices. The app has fall clearance results with animation and will allow you to email results in English, Spanish and French.

Please contact the library@bwc.state.oh.us or 614-466-7388 for more information on any of these items.