

# COVID-19: Hit the PAUSE Button!

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## Today's Presenters:

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# Objectives

- Understand the 3 primary ways a COVID-19 outbreak could affect workplaces.
  - Determine who is at risk at your workplace.
  - Learn the 6 steps all employers can take to reduce workers' risk of exposure to COVID-19.
  - Appreciate the New Normal: 6 items on the COVID-19 "Checklist".
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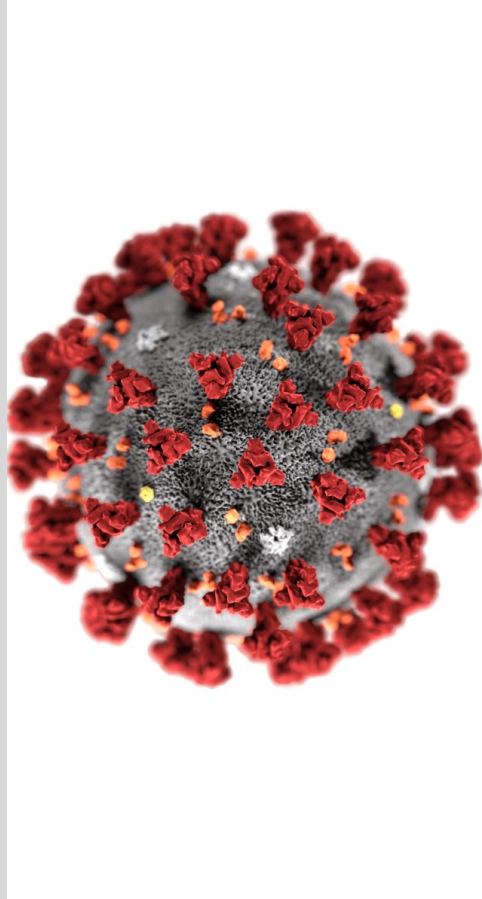


# Cleaning vs. Disinfecting and/or Sanitizing: What's the Difference?

Answer at conclusion of presentation!

What is the  
difference?





# POSITIVE and NEGATIVE ASPECTS OF COVID-19

# POSITIVE EFFECTS OF COVID-19

## Infection Prevention Measures

- Social distancing
- Hand washing
- Stay home if sick
- Respiratory etiquette
- Flexible worksites & work hours
- Use of others' tools & equipment
- Housekeeping

## Positive Effects

3 Ways a  
COVID-19  
Outbreak  
Could Affect  
Workplaces

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Absenteeism

Change in patterns of  
commerce

Interrupted supply/delivery





# Who is at Risk at Your Workplace?

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## **Extremely High Risk:**

- Healthcare workers treating or caring for coronavirus infected patients.
- Emergency medical technicians/ambulance employees transporting infected persons.
- Employees at facilities where no sanitization protocols are in place.

## High Risk:

- Mortuary workers performing or assisting with autopsies of infected persons.
- Work areas where 10 or more employees are working, and 6-foot separation is unable to be maintained.
- Employees performing tasks requiring close proximity with other employees for more than 10 minutes per hour.

## Medium Risk:

- Employees working within 6 feet of other employees several times per day without barriers or other protective measures.
- Employees working with 3 - 6 other employees providing personal services to healthy clients wearing a face covering.
- Jobs where tools are shared and sanitized between different users.

*Examples: grocery store stockers, public transit drivers, kitchen workers, hair salons.*

## Low Risk (caution):

- Jobs where you can mostly stay at least 6 feet away from coworkers; only needing to briefly pass by them a few times a day.
- Crews outside on large jobsites where 6-foot separation is easily maintained.
- Jobs where tools are not shared between employees.

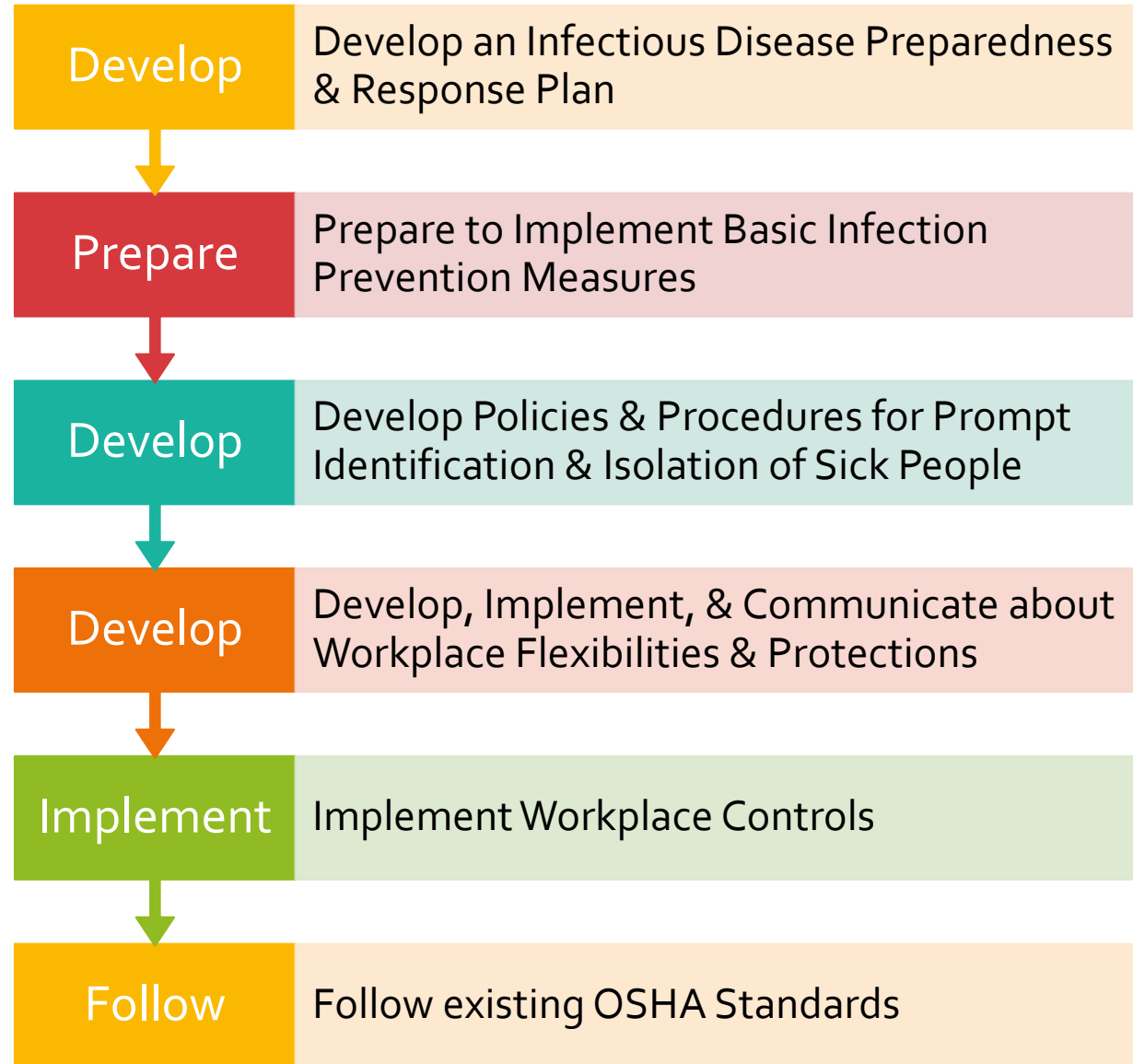
## Negligible Risk (very low) :

- When you work alone or outside where 6 feet separation is always maintained.
- 1 - 9 employees working inside buildings/structures with adequate ventilation (either outside or HVAC).
- Jobs where tools are not shared between employees.
- Jobs where there is a low amount, or controlled interaction with the public.

# Steps All Employers Can Take to Reduce Workers' Risk of Exposure

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# Six Steps to Reduce Workers' Exposure





# 1. Develop an Infectious Disease Preparedness & Response Plan

Consider the following:

- Where, how, and to what sources workers might be exposed.
- Non-occupational risk factors at home and in community.
- Workers' individual risk factors.
- Necessary controls.



## 2. Prepare to Implement Basic Infection Prevention Measures



Hand washing



Stay home if sick



Respiratory etiquette



Tissue & trash receptacles



Flexible worksites & work hours



Use of others' phones, desks, offices, tools, equipment, etc.



Housekeeping

### 3. Develop Policies & Procedures for Prompt Identification & Isolation of Sick People

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Prompt identification & isolation

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Self-monitoring for signs & symptoms

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Reporting sick or experiencing symptoms

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Steps to limit spread of the respiratory secretions

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On-site isolation

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Restriction the number of workers

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What to do if within 6 feet of co-worker

## 4. Develop, Implement, & Communicate about Workplace Flexibilities & Protections

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Stay home (non-punitive)

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Flexible & consistent sick leave policies

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Do not require healthcare provider's note

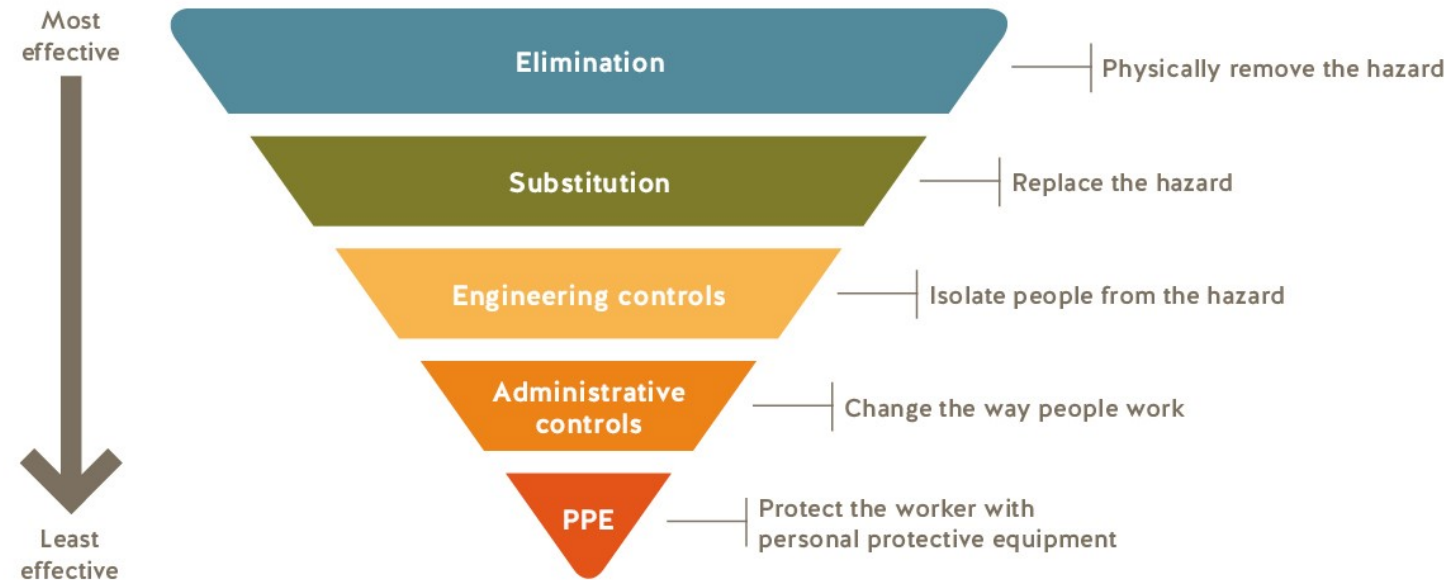
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Flexible policies to stay home and care for ill family members

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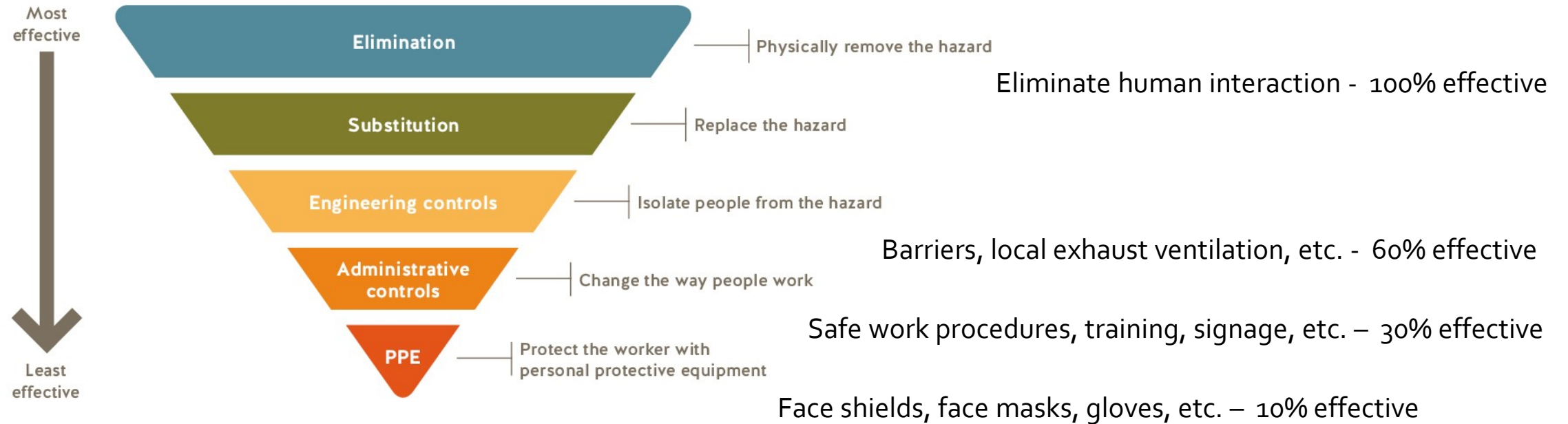
Provide adequate, usable, and appropriate training, education, and information material

## Hierarchy of controls



# 5. Implement Workplace Controls

## Hierarchy of controls



## 6. Follow existing OSHA Standards



OSHA's Personal Protective Equipment (PPE) standards in 29 CFR 1910 Subpart I



The General Duty Clause, Section 5(a)(1) of the OSH Act which requires employers to furnish each worker "employment and a place of employment, which are free from recognized hazards that are causing or are likely to cause death or serious physical harm."

***U.S. News:* Experts warn of 'huge surge' in  
COVID-19 cases in fall, winter**

***The Guardian:* Flu and Covid: winter could bring  
'double-barrel' outbreak to US, experts say**

***THE ATLANTIC:* THE WINTER WILL BE WORSE**

***The Atlantic Daily:* Start Preparing for Winter**

***New York Post:* US must 'hunker down'  
for fall, winter amid COVID-19**





# “Checklist” for the New Normal

# “Checklist”

- Government Requirements
- Temperature Screening
- Room Configuration Requirements
- Signage
- Training
- Supplies & Hygiene

# Government Requirements & Temperature Screening

## Government Requirements

- Center for Disease Control
- Federal
- State
- Local

## Temperature Screening

- Noncontact thermometer
- Thermal screening camera
- Per CDC guidelines – no higher than 100.4 °F and kept confidential

# Room Configuration Requirements & Signage

## Room Configuration

- Maintaining physical distance of 6 feet while working
- Traffic flow patterns throughout the facility & upon entering & exiting a facility

## Signage

- Communicating all changes
- Promote safety & hygiene practices such as proper handwashing & wearing face coverings

# Training & Supplies

## Training

- Frequently asked questions
- Updates via voice, text messaging, and email


## Supplies (30-days)

- Cleaning supplies
- Personal protective equipment
- Touchless hand sanitizers

# Cleaning vs. Disinfecting and/or Sanitizing: What's the Difference?



## Here's the difference....

- Cleaning: removes germs, dirt, and impurities from surfaces. It doesn't kill germs.
  - Disinfecting/Sanitizing: by using chemicals, kills germs from surfaces. It doesn't necessarily clean dirty surfaces.
  - Sterilization: destroys or eliminates all forms of microbial life.
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## References:

- *Guidance on Preparing Workplaces for COVID-19*, OSHA 3990-03 2020
- *Cleaning vs. Disinfecting/Sanitizing: What's the Difference?*, Safety+Health, September 2020
- *Reopening & Operating Facilities in the Age of COVID-19*, Professional Safety Journal, September 2020



Questions?

